

UK	USA / Canada	Europe	Internal Circumference in mm
F.5	3	44	44.2
G		45	44.8
G.5	3.5		45.5
H		46	46.1
H.5	4	47	46.8
I			47.4
I.5	4.5	48	48
J			48.7
J.5	5	49	49.3
K		50	50
K.5	5.5		50.6
L		51	51.2
L.5	6	52	51.9
M			52.5
M.5	6.5	53	53.1
N			53.8
N.5	7	54	54.4
O		55	55.1
O.5	7.5		55.7
P		56	56.3
P.5	8	57	57
Q			57.6
Q.5	8.5	58	58.3
R		59	58.9
R.5	9		59.5
S		60	60.2
S.5	9.5	61	60.8
T			61.4
T.5	10	62	62.1
U			62.7
U.5	10.5	63	63.4
V		64	64
V.5	11		64.6
W		65	65.3
W.5	11.5	66	65.9
X			66.6
X.5	12	67	67.2
Y			67.8
Y.5			
Z	12.5	68	68.5
Z.5		69	69.1
Z.75	13	70	69.7
Z+1			70.4
Z.+2	13.5		71

Handy conversion chart if you need to convert a non UK ring size to shop for a ready to dispatch piece